



## Planning For Retirement

- 9.30** **Welcome and introduction**  
*The challenge of retirement*  
*The big picture*  
*This is your life*  
*The impact of retirement*
- 10.15** **Company pension presenter(if wanted)** - a look at your occupational pension scheme and a chance to ask questions - presented by company pension staff
- 11.00** **Refreshments**
- 11.15** **The State Pension and a few other state benefits.**
- 11.45** **Your money matters** - and a couple of legal matters
- 12.45** **Lunch**
- 1.30** **Your health is your wealth** – making the very best of your most precious asset.
- 2.15** **Change brings change** – a look at how retirement can impact on the relationships in your life
- 3.00** **Refreshments**
- 3.15** **Home Sweet Home** – a brief look at home and housing issues in retirement
- 3.45** **Using your time in retirement - what will you do?**
- 4.30** **Planning review and close of course.**
- 4.45** **Course ends**

Throughout the day and before and after the course, your course facilitators will be available to talk to individuals about any issues they want to raise on a one to one basis.