

Identifying your priorities for retirement planning

What does work give you? Outline the positives and the negatives for you in the box below– your list might include (amongst lots more) money; personal relationships; a structure for week/year; a sense of purpose; stress, etc.

Review what you have written – decide how important each entry is to you – and if it is important, how you will meet that particular need after retirement. Do this before you retire, not after. This exercise will help you to identify your personal priorities and inform how you shape your plans for retirement.

The positives and negatives you get from your work	How important to you: high/ medium/ low	If it is important to you, how will you meet this need in retirement?