

Gail and Hilary: a little about each of us.

Gail is an experienced, qualified and expert professional with extensive experience of course and programme development, training delivery and evaluation in both the public and private sectors. Gail has significant experience of leadership at executive level, built upon a career in education and training.

Gail's particular areas of expertise include:

- Pre retirement
- Redundancy planning and support
- Leader effectiveness /developing leaders and teams
- Personal performance development
- NLP

Hilary is an experienced developer and deliverer of training as well as a qualified coach with experience in a wide range of organisations and settings. Built upon a background in teaching and prison education, she has more recently worked as a professional in a human resources department, specialising in policy development issues relating to age diversity and workforce planning.

A training professional, Hilary's areas of expertise include:

- Pre retirement
- Redundancy planning /support
- Leader Effectiveness Training
- Coaching